

Supporting adults with intellectual disability/autism and their families throughout Co. Kerry



Art by Mike McCarthy, Listowel

**ANNUAL REPORT 2021** 



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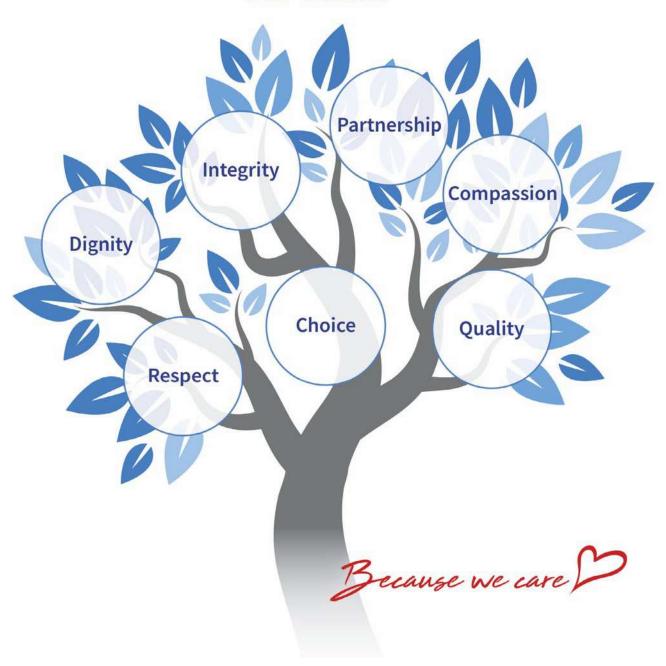
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#### **Mission Statement**



To deliver life enhancing services and supports, responding to the needs, wishes and choices of people with intellectual disability, connected to support networks in their community

#### **Our Values**





#### **Chairman's Address**

#### I would like to welcome you to the 2021 Annual Report.

The year began with great expectations that Covid19 was being brought under control and that the remaining restrictions would gradually be removed. However, the arrival of new and more infectious strains of the virus would have a huge impact on everyone connected to Kerry Parents and Friends Association (KPFA).

The organization survived the first year of the pandemic with insignificant positive contacts but services had to be curtailed. This year infection rates were high among management, staff, volunteers, people supported, carers and their families. Every effort was made to retain existing services and supports, in particular respite and residential. The staff in KPFA were more than willing to take on various roles and duties



to cover for absent colleagues. Their response was exceptional and on behalf of the Board of Directors (BOD) I wish to compliment and congratulate everybody on their tremendous efforts in such difficult circumstances.

The Board of Directors of KPFA is responsible for overseeing the proper management of the organization and to ensure that we operate in compliance with our service arrangement with the HSE and with all regulatory accountability. To the best of my knowledge and belief the Board fulfilled its role in 2021. Technology replaced our traditional face to face board and sub- committee meetings. On line Zoom meeting took place on a regular basis as well as conference calls with the HSE.

Fundraising has always been a vital source of income for KPFA, approx. 5% every year. Unfortunately, Covid19 has put an end to any activity in this area. The Buy a Bus Campaign was a massive success and reached its target this year. On behalf of the BOD I would like to express our heartfelt gratitude to their committee. A total of 17 vehicles were purchased for our fleet replacement, a remarkable contribution to KPFA.

The appointment of a Housing Officer, Operations Officer and Finance Manager will further strengthen our Teams. The Housing Agency Regulation Office has granted recognition to KPFA as an Approved Housing Body. Funding and grants will be available to develop our social housing needs, especially respite and residential, in the future.

HIQA continue to acknowledge the quality of care and commitment of the staff in our residential homes. All our residential houses have been inspected and registered by HIQA. KPFA complies with all new directives from HIQA. In Glebe Lodge, Castleisland, it cost over £250,000 to upgrade to new fire standards. This was funded by the HSE. Capital funding for day services is minimal. KPFA will continue to expand the Home Support and Outreach Services throughout the county.

Funding continues to be a major challenge for KPFA. The gradual resumption of services is ongoing but some service users were reluctant or unable to return because of restrictions. As well as issues related to pay restoration and pensions there were extra costs due to the pandemic. The HSE increased the level of financial support to bridge the gap. Another area of concern is the appointment and retention of staff.

The Directors of KPFA, past and present, have made a huge voluntary commitment to the organisation. They receive no pay and do not claim expenses. The majority have family and work pressures but are generous with their precious time and skill set. KPFA would welcome nominations for Directorships to increase board numbers. Míle buíochas to my fellow Directors, our CEO and Management Teams, Centre Managers, our staff and volunteers, your support this year was much appreciated! Thanks to Denis Murphy, Moriarty and Murphy Accountants, for all his financial advice and assistance to the Association during the year.

Finally, on behalf of the Board, I would like to extend sympathy to the families, friends and relatives of all those connected to KPFA who passed away in 2021. Best wishes to you all and stay safe.

Hugh Ryan, Chairperson

#### **Chief Executive's Statement**



#### Welcome all to our 2021 Annual Report!

This Annual Report highlights the considerable work that has been undertaken during the year. As a Service Provider, we continue to work in a very uncertain world that is constantly changing and challenging us. The strength of Kerry Parents & Friends Association to support people with intellectual disability and their families, as we face these challenges, has never been so important and needed. To everyone involved in assisting our delivery of this vital service, I want to thank you for your engagement, generosity and expertise in your continued support of the work of Kerry Parents & Friends Association.



My thanks and best wishes to previous Board members whose input and commitment to the Association is acknowledged and valued. To the Chair, Hugh Ryan and the current Board, thank you for your patience, understanding and diligence during 2021. It has been another tough year, as we grapple with an evolving environment while also working diligently to achieve compliances in such a highly regulated domain. We acknowledge the input of HIQA, Charities Regulator, Approved Housing Body Regulatory Authority, Data Protection Commissioner's Office and HSE for their assistance throughout 2021.

I would like to thank the Staff of KPFA for their diligence, commitment and effort and for everything that they do to support the organisation. We have worked extremely hard over the past 12 months and especially since this pandemic arrived, staff have excelled in providing *extra* service to KPFA. Each person has contributed to our success in getting through this challenge, they are so caring and committed and I cannot express enough, the pride I feel in acknowledging their efforts. I wish I could do more for them!

Again, this year's report includes some wonderful examples of how people lived their lives during Covid19, and I know you will enjoy their stories. Their personal accounts are a reminder that life continued and the necessity in supporting people to live their best lives became more pronounced than ever.

2021 brought new exciting developments as the organisation continues to grow. We developed new Hubs across the county, working in partnership with the HSE. KPFA is continuously expanding, developing and adjusting to meet the needs of the people we support.

As the pandemic affected our planned events in 2021, I am happy to report that we hope to finally begin work to develop our new Strategic Plan throughout 2022, and all going well, we'll meet with you all, either online or in person to develop our strategic priorities and associated goals. The Mission, Vision and Values of KPFA have never been so important and we hope to share the sense of collaboration across the organisation in the shared commitment of everybody towards continuing to improve services.

Sadly, we suffered bereavements among those we support in 2021: Kathleen Shanahan on 21/1/21, John Murphy 18/2/21, Kathleen Healy 14/5/21, Ann Marie O'Dwyer 6/6/21, Bernard Brosnan 16/7/21 and Eileen Hannon 14/11/21. You will see lovely tributes to each across these pages.

On 21st December 2021 KPFA lost a valued, committed staff member who had worked tirelessly supporting people through the pandemic. Our dear colleague, Mary Barry, Nurse / Social Care Leader lost her fight for survival, and an air of sadness and disbelief descended on KPFA. We will remember her fondly as an advocate for those she supported and it was an incredibly sad year, saying goodbye to so many old and dear friends.

We think of their families also at this sad time, who have a void in their lives that can never be filled and we extend once again, our sincere condolences to the staff, people we support and their families, branch members, board members, scheme workers and volunteers who experienced bereavements during the year.



Mary Barry, R.I.P.



#### **Chief Executive's Statement**

We all know that people in all areas of society have opportunities and choice to live their best lives. This should be equally, universally available to people with disabilities, but it becomes more urgent each year, not just for KPFA, but for society in general, because people with disabilities are left behind, their supports are insufficient and often, they must fight for services.

It is so important to strive for inclusivity to support people in moving forward to fulfil their wishes and dreams. Section 39 Agencies, which includes KPFA, are not sufficiently funded to provide all encompassing services. Respite continues to be in demand and those that receive it are offered minimal levels, due to the demands on the service. The numbers grow each year, but the service does not and this becomes a crisis point for families as a result. There is urgent need to develop Respite Services in South Kerry and expand further in North Kerry.

Residential Services are also needed as an ongoing development in the Disability Sector. Planned delivery of care needs to be expanded and this is only achievable through real acknowledgement at Government level, with associated funding to make a difference. The Disability Sector has a lot of catching up to do in this regard and we hope that stronger, more meaningful strides are taken in the next few years to bridge the various, poorly funded gaps.

**Best Regards** 

Chief Executive

Warie Luchan

## STAFF LONG SERVICE AWARDS 2021



Congratulations to Joanne Stoat, Bernice Costello, Mary Cronin & Kay O'Keeffe on 25 years of dedicated service to Kerry Parents and Friends Association



# The Old Monastery

#### Le Chéile

We would like to introduce ourselves. We are the Le Chéile unit, we opened in 2021. Thanks to everyone who made us feel welcome. We would like to share a joke.

What did one wall say to the other? I'll meet you at the corner.

#### **The Garden Room**

The Garden Room continues to promote advocacy within the organisation by holding weekly meetings, every Tuesday at 2pm. All welcome.



James O'Shea and Andrew Gardener visited Kennedy's Pet Farm when restrictions were eased

The Garden Room group feels very strongly about promoting choice and giving people we support a voice to speak up for their rights. We touch on many topics; each person is reminded of their rights and who to speak to if they are unhappy about anything regarding their Day Service. We hope to continue to promote advocacy in the future.



James O'Shea, Roger McCarthy, Catriona Flemming and staff Noel Murphy, kings and Queen of the world at Ladies View



Timmie Keating, Majella O'Sullivan, Philip O'Rourke and Timothy O'Sullivan visit locations in the local community



Andrew Gardener preparing for the Tokyo Olympics









Andrew, James, Shauna and Hannah embrace Halloween



#### **Park Court**

Park Court 2021 was busy! We were all so happy to welcome our new wonderful friend Tiernan Daly. Tiernan is a very hard worker in Park Court. He enjoys aqua aerobics in the Aura Health and Leisure Centre, going for long walks and brings everyone treats on a Friday for our Netflix and Chill session to wind down after the week. Tiernan is a tremendous part of our team and is looking forward to commencing employment in the garden centre at MD O' Sheas Killarney. Congratulations Tiernan!

Mohammed Al Saleh is full of life and takes every opportunity to learn and explore the world around him. Mohammed does social farming with Jan and Karen which he loves so much. The host farmers are very impressed with Mohammed's hard work and dedication to his role on the farm. Mohammed also works in the men's shed on Monday mornings. He has made a bug hotel and is in the process of making a window box for his window sill at home. Mohammed is a very kind and caring young man. He loves to cook and made us all chickpea burgers with sweet potato fries. His next goal is to go cycling in Muckross and commence employment in a local garage. Mohammed washes the Park Court bus every Friday. He buys lunch with his extra pocket money!

Angela Kelliher celebrated her birthday party at Eddie Rockets in November with all of her friends. Angela had chocolate cake after her meal. We all had a great day. Angela put so much work into organising her party. She printed off the menu for everyone to read before getting to the venue and made sure that everyone had a great time!

We are delighted to have availed of our very own flower box in the Kilcummin Sensory Garden. We are planning on carefully choosing colourful plants and flowers to pot and observe over the coming months. The sensory garden is a lovely place to be.



Halloween Party 2021



Tiernan Daly



Mohammed Al Saleh at social farming



Angela Kelliher celebrated her birthday



## Bernard Brosnan R.I.P.

We were shocked and saddened to suddenly lose our cherished friend Bernard Brosnan. Bernard worked in Park Court for the last 10 years. Before this he spent many happy years in the Old Mon, where he made friendships that endured throughout the following years.

Bernard enjoyed an active life, working at times in Brown Sugar Café and Deenagh Lodge. He loved going to the Old Mon disco to dance the night away with his friends.

He was a model in numerous KPFA fashion shows where he thrived on the catwalk. In recent years, he loved going to KETB sessions with Elaine Clifford. He enthusiastically participated in aerobics with Mary Coleman for many years and developed a new appreciation for art with Egly. Bernard celebrated his 40th birthday with his favourite treat, apple tart!

Bernard had a wide variety of interests ranging from politics, Brexit, the budget, classical music, the weather and Donald Dump!!! He was an enthusiastic shopper with a love for biros, batteries, headphones and the deli counter. He was well known throughout Killarney



Tree by Sean White, Listowel









# **Community Programme**

Members of the group, Anthony Jones, Claire Spillane, Jerry Lyons and Hayley Ferguson achieved QQI certificates. Here is jerry with his level 2 certificate in General Learning. Thanks to Kerry ETB for supporting the group with their learning.

The Community Programme was sad to say good bye to Caitriona Lynch who has taken up a new position in Tearmann Lodge. We all wish Caitriona the very best in her new role.

Hayley Ferguson won first prize in the Credit Union Art competition in the 18 years and over additional needs category. Well done Hayley!

The group enjoyed many online Zoom classes such as music and bingo every week. The group took part in Pilates classes funded by Leitrim Sports Partnership, which everyone has thoroughly enjoyed.



Cathriona Lynch



**Pilates** 



Jerry Lyons who achieved his QQI certificate



Hayley Ferguson won 1st prize in the Credit Union Art Competition



Elaine Horgan cooks up a storm! Pizzas for everyone



# **Gate Lodge**

Eric Lloyd Davies' adventures at Gate Lodge 2021.

Eric loves watching, listening and singing along to Joe Dolan on his TV at Gate Lodge. He likes to give a hand when it comes to gardening, doing carpentry projects and helping around the building with odd jobs. Eric looks forward to meeting santa each year in Kerry Parents and Friends.









# How Covid19 Shaped My World 2021 by Brendan Marau

The way I knew the world changed for me in 2020 and 2021. All my activities, the routines I once had disappeared and my timetable was thrown upside down. I tried out new styles of activities like Zoom classes on Art and Drama, music and dance, friendship groups and therapeutic groups.

I made a lot of new friends from other towns and had contact with my old friends through the lens of a camera. I looked forward to the zoom sessions each week. I am lucky to work near the Killarney National Park, where I spent time walking, talking and keeping healthy while staying safe outdoors. I celebrated my 30th birthday in August 2021 and my friends at Aras Padraig decorated (my favourite) a bus for my 30th birthday bus drive, my birthday wish. I returned to my horse riding sessions in 2021 which I love.









#### Slí Nua

Slí Nua welcomed a new service user, Ruth and a new staff member Amy, both have brought lots of joy to us. We also got our new vehicle. In 2021 Slí Nua was also granted funding to purchase sensory equipment. Everyone in Slí Nua got to decide on the equipment that they wanted and the items purchased have had such a positive impact on the people we support. This summer we hope to start work on our sensory garden and our wheelchair swing is installed all of which came under this funding.

We were also excited to have external services resume again and welcomed Reflexology sessions back to Slí Nua. 2021 was a year for lots of celebrations, we celebrated many birthdays and we had huge build up and excitement for Eve and Brendan's wedding nuptials. All were very happy to have an excuse to help celebrate in the lead up to the big day.

We are excited for what 2022 will bring to Slí Nua.









## **Killarney Residential Services**



# **Cherry Lodge**

Lisa Reen organized the 100KM walk in June 2021. People we support enjoyed the walks for a month with the help of the Cherry Lodge staff on July 2, 2021 a cheque was presented to Kerry Hospice Foundation.

People we support with staff featured in the book entitled Behind the MASK by Marie Carroll O' Sullivan. Many day trips were organised such as Dingle aquarium and our weekly trips to Fenit to enjoy the fresh sea air.



Cassie & Christine in Dingle Sea World



Cherry Lodge supporting Kerry Hospice Foundation



Cassie & Christine



Cassie & Christine in Dingle



## **Killarney Residential Services**

## Woodlawn

Woodlawn went posh for a day and experienced afternoon tea at The Killarney Royal Hotel. All enjoyed the experience and the day out. Mary and Fionnuala like to run the house during the week with kitchen activities and plan ahead. Woodlawn also enjoyed summer trips out to Dingle Aquarium. A summer of walking deserves some coffee breaks at the local coffee shops. Some snapshots of Woodlawn group out and about enjoying picnics and walks. Also the Woodlawn group likes to relax in the sun on days off and to get stuck in with feeding chickens and taking care of the animals. We have a very strong supporters club for Kerry in Woodlawn. Up Kerry!











#### **Kilcummin Residential Services**



# Lohan Lodge

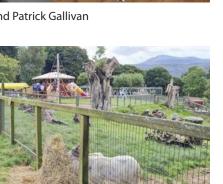
With restrictions still in place at the beginning of 2021, the residents of Lohan Lodge continued where we they left off from the year prior, learning new skills and continuing to grow and bond as housemates and friends. James and Patrick stayed active physically and mentally by doing some yoga and arts and crafts together.

Anthony also stayed active going for some scenic walks around the locality, a few trips on the go-kart and of course his CD's had to come along on the journey. Donal continued to enjoy the slower pace of life having picnics in the yard (weather permitting) but also enjoyed spending time with his friends here at Lohan Lodge.

Despite how much the residents enjoyed spending time with one another, the lifting of restrictions was a sigh of relief to all and allowed everyone to reintegrate back into the community. James was delighted to be back visiting shops, restaurants and even went for a one night stay in Limerick. Patrick loved going back to mass, lighting candles for all his family and friends while also spending time travelling around seeing new places. Anthony went back horse riding and of course to the shops for some new CD's and apple tarts. Donal enjoyed some picnics with staff, going back to Kennedys Pet Farm and for an ice cream.



Yoga - James O'Brien and Patrick Gallivan



Donal Walsh at Kennedys Pet Farm



Lads enjoying the weather



Anthony O'Sullivan horseriding



Patrick Gallivan lights a candle



James O'Brien relaxing after a walk



#### **Kilcummin Residential Services**

## Hawthorn

Over 2021 we welcomed two new staff members, Pat and Trish and said good bye to Joanne and Tara. We wish our new and former staff all the best! A big congratulations to our manager Andrea O' Gorman and her family on the birth of her daughter Sarah Noelle.

Our residents have been absolute warriors over the last two years and we are so proud of them, they are continuing their day service from their house and are getting out and about more, doing the things they love!













#### **Listowel Residential Services**



2021 began with another Covid19 lockdown. The Hillview and Haven residents understood and accepted this and carried on with the hope of vaccines on the horizon.

#### The Haven

The Haven residents were delighted when vaccine day arrived. Michael McCarthy was excited to meet Sheila Doyle at the vaccine centre. This signalled hope, that we were reaching a new stage in the pandemic and residents would be able to get back to socialising and participating in the activities they loved. Like those in Hillview, The Haven residents have also taken to gardening and baking and are really enjoying it.

They were also delighted to have the Haven painted in early 2021. In the summer, when restrictions were eased, the residents enjoyed a day trip to Killarney where they visited Muckross house and also have been enjoying many walks and lunches out in the community.



Day out in Muckross house



Vaccine day... Mike was delighted meet Sheila Doyle



Marian Joy, Elizabeth O'Connor and Mike McCarthy



Edward Twomey, Zoom Birthday Party



Elizabeth baking in the Haven



Joe Mannix at Ballyseedy Garden Centre



#### **Listowel Residential Services**

#### Hillview

2021 brought hope that the vaccines would help us get back to some normality. During lockdown, the residents participated in many zoom activities including Drama and gardening. Some staff from the Listowel Day Centre came to Hillview to help the Hillview residents with these wonderful activities which they thoroughly enjoyed. Gardening was a particular favourite.

Staff and families also thought of novel ways to help their loved ones celebrate their birthdays and Edward Twomey had a zoom birthday party in May 2021 and Deborah enjoyed all the attention. Once the restrictions were eased, the Hillview residents broke out and as you will see from the photos, they made the most of their summer in the safest way possible. Some of the residents got to travel to Doonbeg, Sandy Feet Pet Farm and Carrigfoyle.

They had a special visit from puppy Luna in July 2021 and attended a special Listowel Races day at the day centre in September. Their day services resumed in July and they were once again able to go home to stay with family regularly. This brought great joy to all.



Deborah celebrating her birthday



Zoom gardening group



Sandy Feet Pet Farm



Visit from puppy Luna



Day out in Carrigfoyle



Listowel Races



2021 was another busy year in Listowel Day Services as everyone worked towards achieving the full resumption of Services in October.

We helped facilitate the roll out of the Covid19 vaccination programme with the HSE, adapted to the regular changes in public health guidance as we implemented measures within the framework for living with Covid19. The opening of a New Community Hub, No. 21, in Convent St. in May gave us extra service capacity and a location right in the heart of Listowel town.

The KPFA at Home online programme continued as a service model, allowing those at home cocooning to engage with their peers. When they returned to the Day Service it added to their choice of activities and was an opportunity to engage with their peers in hubs from all over the County. It has created a network of

new friends and has been very positive addition to our Service.

We bid a fond farewell to Jimmy Bowler and Bridie Bambury both of whom retired in the summer of 2021. Their friendship and many years of dedicated service in Listowel Day Services is much appreciated.

In 2021 we worked at re-purposing our outdoor area adjacent to the Garden Centre. We were also successful in obtaining funding from Kerry Group to purchase wind chimes which were installed to establish a sensory garden and create a restful space. In addition, we developed the canteen into a multipurpose space that accommodates group activities such as music therapy, art classes and staff training. The vision going forward is that this area will also provide a space for on-line KPFA at home baking classes and face to face classes.

#### Baile O'Dubhda

This year, we have all continued on a journey to connect with friends and families through technology and zoom classes which have been a new and exciting way of meeting new friends from across the county. It has been a very creative experience for all, completing various art and craft projects and connecting to other Zoom classes within the Association.

In the latter half of the year, we resumed our community integration activities when restrictions were lifted, visiting places of interest, participating in ETB Courses, meeting up with old friends for a coffee, some of whom we may have not seen for a while.

We also focused on new challenges, the participants took part in a brain health challenge, "Hello Brain", which was a study facilitated by KPFA Senior Psychologist, Eileen Dukes in association with TCD. The programme focused on keeping our brains healthy through various brain challenges, physical and eating healthier.



Michelle Hickey



Old friends Eamon Edgeworth and Sinead Joy



Margaret McCarthy



#### Càirdeas Unit

This year's highlight for Michael McCarthy was winning first place in the Credit Union Art Competition 2021. He was presented with his award by a representative of the Listowel Credit Union in the Listowel Day Centre. Michael's artwork was then eligible to enter the Credit Unions Chapter 23 All Ireland Selection in which he competed with artists from all over Ireland. Michael viewed the selection via Zoom and was ecstatic to hear he had achieved 2nd place in this competition and we were all so proud of his success!



Proud winner Mike McCarthy Credit Union Art 2021

# **Community Programme**

Mike O'Connor, Listowel Community Programme has recently joined Joe Walsh Social Farming in Lerrig. Kerry Social Farming (KSF) was founded on principles of equality, social inclusion, voluntary community development and collaboration. It is currently the only voluntary model of social farming in Ireland in that farmers are not paid for their time with participants. It is a locally-led, community-based, shared service that provides farming and social inclusion opportunities to people with intellectual disabilities and acquired brain injuries, all within local communities. Mike is thoroughly enjoying the experience and has been welcomed into the family chatting about all the local farming and sporting news. Joe has a mixed farm, growing potatoes and turnips with some sheep and cattle also.

#### **Pitch & Putt**

Members of Kerry Parents & Friends Listowel, Michael O'Connor, Sonny Kearney, Sean White and Tom Lane formed a Pitch & Putt team and joined the Listowel Pitch & Putt Club in the town Park. Under the guidance of Dean Harris they honed their skills from green to tee over the fine summer months. The club very kindly donated a set of clubs to each new member. It was a huge success, particularly during the Covid19 restrictions to be able to enjoy each others company, learn some new skills and get out in the fresh air in the beautiful Town Park.



Mike O'Connor Social Farming CP Listowel



Group from Community Programme enjoying Pitch & Putt



#### The Island

The Island continues to be a hive of activity, with us all enjoying the great outdoors and visiting local cafes and shops.

Tom's favourite outing is to the local café for a bun and tea, followed by a revitalising walk around town or to the park.

David enjoys a trip to the garage shop, where he settles himself outside, with a drink and bag of crisps, and watches the world go by. After this, he challenges Gary to a game in the ball alley.

Robert has a creative side and won 3rd prize in the Credit Union Art Competition, such a fantastic achievement, well done Rob! Robert's haven is the sensory hub in our local library, and the swing in the garden.

Stacey's passion is going for long walks down by the river or the park, after which, she enjoys a treat at the local shop.







**David Shanahan** 



Robert Cashman, Credit Union Art Competition



Stacey Blackham

# The Island bids farewell to Peggy on her retirement

Recently in the month of February, we bid farewell and a very happy retirement to our staff Peggy.

We all had great fun making a video for Peggy, where staff and the people we support, did our very own rendition of "sweet Caroline", one of Peggy's favourite songs.

She will be greatly missed by all.

From the team at the island. Gary, Maggie, Nora and Sue.







#### An Interview with Joe Mannix

#### "Joe, how did you feel coming out of lockdown?"

"I had missed a lot. I missed meeting my friends, coffees out, going about the town and most of all my job in the Flying Saucer. I really missed my Manager, Breda. She also retired from the Café during lockdown. That didn't help"

#### "So how have things worked out for you"

"I returned to the Day Services. I joined the new Hub No. 21 which is right in the middle of town. I had to make out a CV for my job. I had to get on to Breda to give me a reference. I got my job back in the Café which is now owned by Supervalu. Gary is my new Manager. The best bit about my job is helping and meeting people. I think I have landed on my feet. I have the best of both worlds. I have my job in Supervalu. I meet my ex-boss every two weeks for coffee as we have become the best of friends. Life is fine out.



Joe Mannix

"Thank you Joe for a lovely interview"

## Listowel Day Services Newsletter

The Newsletter was established in the early days of Covid19 to help keep our KPFA community connected in times when we were asked to keep apart. It marked the beginning of online communication, learning and support in KPFA. Out of every challenge grows a new and welcome opportunity as now we would not dare part with our weekly edition of the Listowel Day Services Newsletter!

The Newsletter is a collaborative effort of all stakeholders who share weekly news and information in a digital, easy read format. It provides access to a weekly timetable of Zoom classes, news, support and information. Most importantly, it communicates what matters in a given week to the people that matter. Whether it is a milestone birthday, a staff retiring or explaining



why the plumber is digging up the kitchen floor, the Newsletter is the place to find out! All information is welcome and needs to be forwarded for editing no later than 12.30 each Thursday afternoon. The Newsletter is circulated each Friday. Please email info to **kpfaathome@kpfa.ie** or send via KPFA at Home What's App on (087) 6064265. For direct enquiries, please phone Listowel Day Centre reception on (068)22977.

## The Hub No. 21 opens in Listowel

The Hub No. 21 is an exciting new beginning and extension of KPFA Listowel Day Services that opened its doors in May 2021. Centrally located in the heart of the town, it is easily accessible to all services and amenities.

THE HUB
No. 21

Embracing the New Directions approach, The Hub No.21 will offer a chance for change in a post-Covid19 era. The desire to offer quality, person-centred

supports will be key in promoting community inclusion and active citizenship. Everyone strives for a life of their choosing that meets their wishes, aspirations and needs. The Hub No. 21 will support this vision in a fun, educational and creative way. The Hub No. 21, Convent Street, Listowel, Co. Kerry. V31 WK27. Ph: (068)21917



#### **Athas Unit**

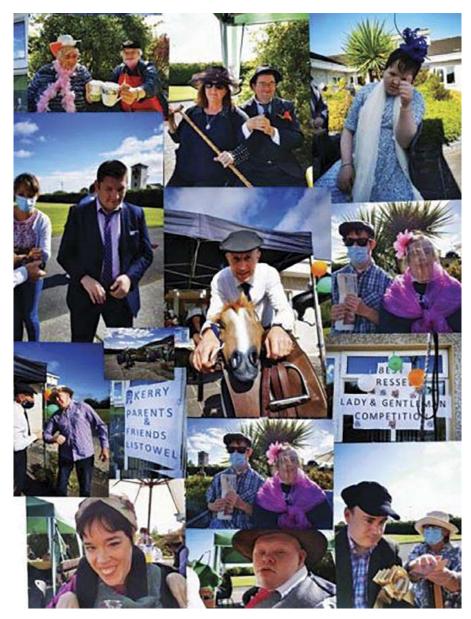
In Athas unit, 2021 brought about the full resumption of services for people we support. We welcomed back our residential people we support to full time day services. The vaccine rollout proved to be a great success.

As it wasn't possible for us to make the annual trip to the Listowel Races in September, we brought the races to Kerry Parents and Friends Listowel. We conducted an outdoor experience, where everyone dressed in their finery and enjoyed music and laughter. Special guest on the day was Michael Healy Rae, who presented many prizes to the people we support including best dressed lady and man. It was a fantastic success, enjoyed by everyone.

One of the ladies in our unit, Jenny O'Brien, along with staff Niamh, have taken on the challenge of hosting the weekly drama class on zoom, this has proved to be very successful and popular, with people linking in from all over the county. Jenny is fully committed to the Drama and gets into character each week dressing up for the different themes and is thoroughly enjoying her new role.



Jenny O'Brien dressed up for Zoom Drama



Listowel Day Services Races Day 2021



Martina Grimes 60th birthday Listowel Day Services



# Creative Training Group

Finally, after so long apart we have all been reunited and our lives can return back to some sort of normality again. It has been very hard being away from the day centre, our routines and away from our friends. We knew this day would come but didn't think it would take this long. But now that we are back we need to make up for lost time so we are partaking in new experiences which we might not have done pre Covid19.

If Covid19 has taught us anything it is to live every day to the fullest and don't worry about tomorrow, live for the now and enjoy every minute of it!



Michael, Eoin & Johnny after their morning fishing in Fenit Harbour



Johnny & Tom enjoying an ice cream



Michael, Eoin & Johnny posing for a photo after their morning fishing in Fenit Harbour

#### **Creative Writing for Adults Intellectual Disabilities 2021**

# **LISTEN** by: Denis Horgan

It was stormy last night, there was rain and wind. I was in bed and listening to the sheds rattling next door. The sheds are wrecked already from last year's storms.

Sheets of iron flying around, they would cut you in two. There is no roof, no back now, they say it is going to be fixed. Yesterday I heard birds singing, it was a sunny day.
My cat tried to kill the birds in the hedge.
My cat has good hearing too and heard the birds singing.
The birds flew away and got away.

My hedge needs feeding with the bucket of chicken manure. We brought some last year.
Snip, snip, snip, I need to cut the ivy with the clippers.
Snip, snip, snip, stop choking everything!

#### **Listowel Respite Services**



## Cois na Féile

This year has seen Listowel Respite Services once again being challenged throughout the ongoing Covid19 Pandemic. We have continued to put the individuals that avail of respite at the core of everything we do i.e. organising in-house cinema nights, birthdays, girlie nights in, karaoke, sports nights, soccer games and availing of the beautiful scenery within our own county, and have even taken the ferry to Co. Clare to visit Stately Gardens.

The staff in Cois na Féile continue to provide a safe and fun environment during a very trying time. Listowel respite aims to ensure that all person centred requests are followed through during each person's stay.



Dominic Moloney in full swing

As Cois na Féile remains the isolation house, staff have continued to switch its function from respite to an isolation house on numerous occasions throughout 2021. We would like to thank all the families for their patience and all their support during this time. Hopefully the year ahead will see more fun and adventures to be had in our service.



Enjoying the sunset



Sharon Heffernan loves her colours



Rebecca O'Brien enjoys the Christmas lights

# **Brook Lodge**

Brook lodge had a challenging year as did many during Covid19, however within this, much was achieved such as Brook lodge new renovations which includes an additional respite room along with capacity for a sensory room and an office.

The residents and respite users in Brook Lodge have embraced the new additions and enjoyed returning to regular respite as Covid19 has lifted. We have begun resuming our social and community activities.

Christopher requested a holiday and thoroughly enjoyed it.

Eoin and Christopher enjoying dinner in Meadowlands with our Social Care student lan



Christopher from Brook Lodge on holidays



#### **Castleisland Residential Service**

# Glebe Lodge

Many changes took place in Glebe Lodge in 2021. In February all residents moved to Willow Brook Nursing home in Castleisland as there were extensive renovations carried out at Glebe Lodge. New fire doors were installed which were a great asset during the Covid19 lockdown as it allowed families and friends to visit in a very safe way.

The residents found the lock downs difficult but had great fun continuing their music sessions on the corridors in Glebe lodge and when the weather was fine they would have their music sessions in the courtyard.

Towards the middle of the year restrictions started to lift and all were able to participate in more meaningful activities in the community, such as day trips to the Wetlands and Killarney National Park. We are all looking forward to further easing of restrictions in 2022.



# Rest in Peace

We lost 3 very special people from Glebe Lodge in 2021, R.S.P.



**JOHN MURPHY** 18/02/21

John was a wonderful character, full of fun and always had a smile on his face. He loved music and was a great man for a dance.



**14/05/21** 

Kathleen was a great conversationalist who loved shopping and had all the latest style. She always availed of the opportunity to go for a sneaky beverage while out shopping.



**EILEEN HANNON** 14/11/21

Eileen greeted everyone at the front door in Glebe Lodge always showing off her jewellery and enquiring about your family and children. She delighted everyone with her stories about a family wedding she attended in August.

Families were very important to John, Kathleen and Eileen and they had very regular contact with them.

# **Tralee Day & Residential Services**



# Mount Eagle Lodge

#### **Zoom Drama Class**

The people we support really enjoyed the zoom drama classes with their peer's in Listowel...





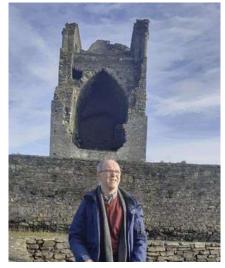




Fergus and John all ready for circus themed zoom drama during lockdown



Maura Carmody ready for The Late, Late Toy Show with custom made buns



Fergus Moriarty visit to Carrigafoile Castle



## **Tralee Day & Residential Services**



The Mount Eagle Lodge Gents with their Easter baking



They say you should never work with children or animals, but Patrick Herlihy is an expert



John, Fergus and JJ made and sent cards to loved ones during lockdown



John enjoys his first cuppa out post Covid19



Dolores Counihan delighted with a visit from the man in the red suit

#### Leeside

2021 has been another year of living with Covid19, we as staff have continued to provide the best care for the people we support during the pandemic. Martin Dennis and Timmy enjoyed celebrating their birthdays, Martin turned 50 this year and was delighted that he got to celebrate it with family and friends. Another big event this year was the radio Kerry Christmas jumper day, Martin Timmy and Dennis dressed up in their jumpers and played some Christmas games in Leeside. We look forward to an even better 2022.



**Christmas Jumper Day** 



Martin Foley's 50th birthday celebrations

#### **Tralee Residential Services**



# Tamhnach Lodge

In 2021 we celebrated birthdays as per usual but there was one special birthday, Micheál turned the big 50! It couldn't be the big party, it would certainly have been had it fallen at another time but we made the most of it and a great day was had by all.

Birthday wishes came from far and wide and Micheál even received a video with well wishes from the man himself, Daniel O'Donnell!

We spent a lot of time in the garden in 2021. Plenty of tea and chats there.

Micheál was busy with his veggies, his hard work yielded some delicious produce that were thoroughly enjoyed by all.

Micheal's birthday breakfast!



Lawrence Kelly birthday celebrations



Gemma McCannon celebrating her birthday



Micheál Finn turns 50!





Micheal, Gemma and Lawrence having tea in the garden



Eugene O'Sullivan enjoying a day trip to Dingle



## **Cahersiveen Day Services**

# **Community Programme**

In August 2021 we moved to our new temporary location in Portmagee. There is a lot to offer in our new community, we have enjoyed the lovely view from our house and can see the boats going out to the Skelligs Rock in the summer months.

There is a gym close by on Valentia Island which we attend regularly. The locals in the village have been very welcoming, we like going out for lunch in the village and visiting the local shop and post office.

Our house is big and spacious and some of us have our own pods. It has been a nice change having our day service in a new location.



David Cronin out for a walk in Portmagee



Fiona O'Neill, Elizabeth Lynch, Aoife Murphy having a coffee in Portmagee village



Fiona O'Neill getting ready to lift some weights



Elizabeth Lynch working out in the gym



Aoife Murphy doing her warm up



Cindy Browne, John Cahill and Lousie Lynch admiring the view from our house in Portmagee

#### **Rathmore Residential Services**



# Tearmann Lodge, Fr. Corridan Centre and Marian House

The year 2021 was faced yet again with many challenges in Rathmore. While residents and staff continue to adapt to the unknown of Covid19, the residents appear to be adjusting exceptionally well. Residents continued to attend their day service over zoom and stayed connected in the activities which were previously carried out in person. Towards the end of 2021, some residents have slowly been adapting to getting back to their day service parttime.

Sadly, we had the passing of our friends and residents in Tearmann Lodge, Ann Marie O'Dwyer and Kathleen Shanahan RIP. Ann-Marie had previously lived in the Haven and Fr. Corridan Centre. Kathleen had spent many years in Mount Eagle Lodge. Although we mourned their loss, we also celebrated their lives too. In July we had a garden party celebrating their lives, residents also released balloons into the sky cherishing their memories.

Michelle O'Leary and Josephine Ryan with the help of Staff decided to do a Teddy Bear Fundraiser for the Kerry Palliative Care Services. Michelle O'Leary, Josephine Ryan and Mary Beasley also entered the Credit Union Art competition in Rathmore and they all won prizes. Tearmann Lodge also







Kathleen Shanahan, RIP

welcomed a new nursing team on board in 2021. Ciara, Sinead, Jean and Denis, who have blended in so well with the team and residents in Tearmann Lodge.

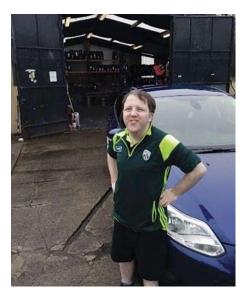
Virginia returned to her Day Service three days each week in Tearmann Lodge towards the end of the year. Eilis moved to Glebe Lodge at the end of 2021 but we keep in touch, we miss her.

Two staff retired form Rathmore Services in 2021. Margaret McSweeney worked in Tearmann Lodge up until the beginning of the pandemic. Peg Fleming worked in Fr. Corridan Centre. All the residents enjoyed the time they spent with both staff over the many years, including the day trips, takeaways and afternoon teas during the pandemic. They were great and we miss them very much.

Margaret Sweeney also celebrated her 65th birthday this year. Margaret enjoyed an afternoon tea with staff and residents for her birthday. Gerard continues to work on his garden patch with Kay and Eileen also showing interest. Kay has also set up two bird feeders with staff.

Kay and Eileen also took part in the Rathmore Credit Union Art Competition. Gerard and Kay returned to the day service in Killarney twice a week towards the end of the year. Gerard returned to his work in the garage. Margaret continued with her contract work and keeps a close eye on the Rathmore community.

In Marian house Richard focused on his exercise to maintain a healthy lifestyle. He enjoyed going for drives. He went on his holidays to Inchydoney during the year and stopped in the Chucky Chip on the way home for their famous fish and chips. Richard also enjoyed visiting Millstreet park where he was able to use the outdoor gym equipment with staff.



Gerard Horgan's return to O'Keeffe's Garage



## **Rathmore Residential Services**

# Peg & Margaret's Retirement



Peg Fleming's retirement



Margaret McSweeneys retirement





FCC Walk in Killarney National Park



Richard O'Brien working out in Milstreet Park



Gerard Horgan in his garden



Gerard Horgan with lettuce from the garden

#### **Hello Brain Challenge**









Martina Grimes doing her brain health activities including making a smoothie, meditating out in the garden and having a social outing in Listowel Garden Centre

Forty five people around the county took the eight week Hello Brain challenge during the year. Each person was paired with a Brain Buddy (member of staff) to do one thing each day for brain health. This one thing is called a brain buff and there are five brain buff categories.

#### **Brain Buff Categories:**

Physical:	Get physically active. Regular physical activity stimulates your brain and benefits every aspect of your health.
Social:	Stay socially engaged. Keeping socially active can play an important role in keeping your brain sharp.
Mental:	Challenge your brain. Learning generates new brain cells and mental stimulation keeps you mentally young.
Attitude:	Manage stress, think young, think positive. Learning to manage stress can have a positive effect on your brain health.
Lifestyle:	Adapt your lifestyle to protect your brain. There are lifestyle choices that you can make to positively influence your brain health.

#### Why does Brain Health matter?

As we get older, our brain also gets older. This can mean that it doesn't work as well. But, learning and doing new things helps to keep our brain fit and healthy. The brain can change with learning, so we can do something about keeping our brain fit all through life. Activity, attitude, social stimulation, mental challenges, can boost brain health and may act as a buffer against decline in brain function.

The response to Hello Brain was fantastic with 100% of those completing the challenge saying they enjoyed it. It would be great to expand it further.

Most people continued doing brain health activities after the challenge was over. This is really good news as small lifestyle changes can make a difference to brain health later on in life. Well done to all.



Elaine Bambury, Michael O'Connor, Sean White and Tom Lane





Johnny Mulvihill completing one of his social/activity challenges as part of his Hello Brain Programme



#### **Kerry County Outreach Services**

# **Outreach and Home Support**

2021 was another challenging year for the service as we faced into the second year of the pandemic. As a team we were very creative and developed interesting in-house activities for people and adhered to all Government restrictions and health guidelines.

As community activities reopened we were able to return to some much loved activities. Denise Moriarty was thrilled when Chair Pilates resumed under strict Covid19 guidelines. It had been a long year of stops and starts and it was great to be back. To begin with Denise was a little apprehensive but the tutor, Emer Coffey, kept the groups small which made everyone feel safe. With windows open and everyone social distanced they got on with exercising and thoroughly enjoyed each week.

People attended a number of different courses across the county. Some of the courses were located in Cahersiveen and Tralee and these were Communications and Puppetry, Basic Maths and English classes as well as Computers.

Areeba Ibrar returned to class in Tralee. She was very excited about returning and enrolled in a Basic Maths, English Literacy and Computer Skills class, this was all possible due to the support of Sheila Carver Moynihan, a member of the Outreach team. The staff at Kerry Education and Training Board (KETB) in Tralee were extremely helpful and offered all assistance necessary

to make it an enjoyable experience for Areeba. They even lent a laptop to Areeba for the duration of her course. Being from a completely different culture and having a hearing impairment did not hinder Areeba's enthusiasm for learning in a new way and she successfully completed the course.

Social farming resumed and to celebrate its return Gerald O'Sullivan participated in a farm walk on the farm of Mike O'Shea who is also his host farmer. Gerald and Mike showcased the great work they do each week and spoke passionately about the benefits of social farming to a large gathering of people and invited guests. Gerald and Mike became quite the celebrities of South Kerry and they were filmed for Molscéal, showing the benefits of social farming and what is involved for participants and host farmers alike. Another social farming participant Rebecca O'Brien and her Support Staff Tracy Dolders spoke to Frank Lewis on the Saturday Supplement on Radio Kerry. This report was aired on New Year's Day 2022 and there were a number of people supported by KPFA speaking on the programme.

Throughout the year we have received great support from community services such as Kerry Social Farming, KETB, Ross Café, HSE Disability Services, Public Health and Primary Care Services as well as local Pilates and Yoga Practitioners.



Denise Moriarty at Chair Pilates in Killarney



Areeba at her computer skills class

## **Kerry County Outreach Services**



Jim O'Brien from Killarney ventured to Listowel and sampled the pitch and putt facilities. He's now regularly plays the game there and puts the opposition under some pressure.

Another man to try a new sport was Martin O'Donoghue who joined Ardfert Atletico. Martin has been a powerful force on the field scoring many of the winnings goals for his team. The Outreach Hubs in Cahersiveen and Killorglin continue to grow teaching people such things as life skills, money management, cookery and healthy eating. 2022 is a very exciting year for Outreach as we move forward and plan more exciting programmes for people in their local communities.



Martin O' Donoghue, Ardfert Atletico

#### **Art Corner by Mount Eagle Lodge Art Group & Listowel Centre**









## **Valentia Island Service**

## Tigh An Oileáin

2021 has been a year of learning to live with Covid19 while trying to get back to our pre-Covid19 lives as much as safety allowed. Residents from Tigh an Oileáin enjoyed celebrating their birthdays, attending events, getting back to social farming, work, college courses and of course setting new goals and chasing their dreams!

## **Birthday Celebrations at Tigh**

Two of our residents Celebrated their 50th Birthdays in 2021 Mr. Joe Curran and Mr. Patrick O'Sullivan. It was a blessing and such an achievement to hold their birthdays through this pandemic and much precaution was taken by both families.

Joe Celebrated his 50th Birthday at home with his sister Bernie and the rest of his siblings and friends. The famous Daniel O'Donnell sent Joe a Happy 50th Birthday recording to play for him on his day, the excitement when listening to Daniel's birthday message was palpable.

Patrick celebrated his birthday at home with family and friends, plenty of music and dancing on the night. Patrick's family organised a marquee, music and set dancing. As you can see, Patrick and the residents had a ball, while all enjoyed Joe playing his bodhrán for the evening.

## A Kerry Team Mural was donated to Tigh An Oileáin

Our residents were delighted to receive this wonderful gift from Niamh.

Our Kerry Team Mural can be seen in the entrance of our home at Tigh an Oileáin. Niamh was an employee of Tigh an Oileáin in 2020.

Staff and residents would like to thank the Curran family for this gift. Apart from getting back to busy lives, it is always busy at Tigh an Oileain!









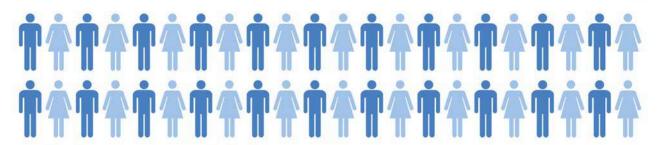




# Old Monastery, Killarney







30 Centres 232 People Supported (KPFA only)



*INCOME* **€15,488,354.00** 

94% State Funded

up to **6%**has to be raised by fundraising (only 1% raised in 2021)

COVERING: Day, Residential, Respite, Home Support, Outreach Services County wide up to 7 Days per week / 24 hours per day.



Respite Homes







## Kerry Parents & Friends Association DIRECTORS' REPORT

for the financial year ended 31 December 2021

The directors present their report and the audited financial statements for the financial year ended 31 December 2021.

### Principal Activity and Review of the Business

The principal activity of the company are providing services and support to persons with an intellectual disability and their families throughout Kerry. Revenue funding is primarily sourced from the Health Service Executive - Southern Region (previously Southern Health Board). Other revenue includes the collection of statutory charges. Capital funding is primarily sourced from fundraising, government capital grants and donations.

In the financial year under review, income increased from €14,089,451 in 2020 to €15,448,354 due mainly to funding from the HSE for existing commitments, as well as emergency care needs and respite care services and once off building/maintenance works.

We would like to avail of this opportunity to thank the granting authorities and the following organisations without whose support we would not be able to function and we look forward to working with them in the future.

- Health Service Executive
- RTE Does Comic Relief Fund
- Kerry County Council
- Fundraising carried out by supporters of KPFA

#### Objectives

Kerry Parents & Friends Association provides services to adults with an intellectual disability. This is facilitated through the provision of day services, residential and respite services.

The principal objectives of the Association is to deliver services and supports relating to needs, wishes and choices of people with intellectual disability, based on their communities and connected to natural support networks.

#### Structure

Kerry Parents & Friends Association is a company limited by guarantee not having a share capital incorporated in Ireland in 1986 under the Companies Act and is registered with the CRO registration number 112184.

#### Governance

Kerry Parents & Friends Association is a registered charity CHY 6871, governed by a Board of Directors who come from various professional and other backgrounds, drawn from the community. The Board maintains the legal, financial, professional and ethical standards of Kerry Parents & Friends Association. The Board has implemented "The Charities Governance Code". The Associations Charity Regulator's number is 20013752.

The Board gives of their time to Kerry Parents & Friends Association on a voluntary basis and receives no remuneration. The Board ensures the activities of the Association are consistent with its charitable objectives. There are clear distinctions between the roles of the Board of Directors and Key Management Personnel, to which day to day management is delegated. Pay and remuneration of the charities key management personnel is set in accordance with HSE pay scales.

### Mission Statement

The mission statement of Kerry Parents & Friends Association is :

"To deliver life enhancing services and supports responding to the needs, wishes and choices of people with intellectual disability, connect to support networks in their community".

### **Principal Risks and Uncertainties**

Kerry Parents & Friends Association operates as a distinct legal entity and is obliged to run its business in conformity with best practice within its regulatory environment. On an operational basis, it needs to attract and retain the right level, mix and calibre of staff in order to render a quality service to its clients up to the expected standards in its service provision sector.

The Association provides services under contract to the HSE and is dependent on State Agencies and voluntary contributions for funds and any curtailment in either source of funding could have a significant impact on its services.

As an employer and owner/occupier of properties, Kerry Parents & Friends Association needs to comply with the onerous standards set down in the Safety, Health and Welfare Act 2005, with the national Standards for Residential Services (monitored by HIQA) and with all associated employer liability and public liability requirements.

The Association mitigates these risks as follows:

### Financial risks

- The company continually monitors the level of activity, prepares and monitors its projections and cashflow forecasts.
- Financial information is subject to detailed review at board level allowing for continuous monitoring of the company's operations and financial position.



## Kerry Parents & Friends Association DIRECTORS' REPORT

for the financial year ended 31 December 2021

Operational & Internal control risk

- The risk is minimised by the implementation of procedures for authorisation of transactions and the requirements for budgets covering all activities.
- Procedures are in place to ensure compliance with Covid-19 restrictions and with health and safety legislation to protect staff, people supported and service providers.

## Reputational and Compliance risk

- In common with many charities, the company's principal risk is reputational damage. Reputation damage could be caused by an event either within or outside the company's control. In order to mitigate the risk, the company continues to adapt best practices.
- The company closely monitors emerging changes in regulations and legislations on an on-going basis by ensuring all accreditations are up to date.

#### **Financial Results**

The surplus for the financial year after providing for depreciation amounted to €462,509 (2020 - €244,209).

At the end of the financial year, the company has assets of €10,457,828 (2020 - €10,337,737) and liabilities of €4,531,739 (2020 - €4,874,157). The net assets of the company have increased by €462,509.

The 2021 surplus is analysed as follows:

- Operating surplus excluding fundraising of €326,475. This surplus was achieved from savings made when the centres were not operating at full capacity in Q1 and Q2 due to Covid-19. These savings have not been repeated into the second half of 2021 or into 2022.
- Fundraising income of €136,034.
- Loan repayments of €148,124 are not included in the surplus as the repayments are recorded in the balance sheet to reduce the loan amounts.

#### **Directors and Secretary**

The directors who served throughout the financial year, except as noted, were as follows:

Mr. Hugh Ryan

Ms. Aoife Thornton (Resigned 8 October 2021)

Ms. Maria Tobin

Ms. Yvonne Brosnan

Ms. Josephine Spring

Mr. Ronan Doyle

Ms. Nora O'Mahony (Appointed 11 October 2021)

Mr. Diarmuid McCarthy (Appointed 11 October 2021)

The secretary who served throughout the financial year was Ms. Marie Linehan.

In accordance with the Articles of Association, the directors retire by rotation and, being eligible, the following directors offer themselves for re-election:

Mr. Hugh Ryan

Ms. Josephine Spring

Mr. Ronan Doyle

### **Future Developments**

The company plans to continue its present activities and current trading levels. Employees are kept as fully informed as practicable about developments within the business.

## Post Statement of Financial Position Events

There have been no significant events affecting the company since the financial year-end.

### **Auditors**

The auditors, Moriarty & Murphy Limited, (Chartered Certified Accountants) have indicated their willingness to continue in office in accordance with the provisions of section 383(2) of the Companies Act 2014.

## **Statement on Relevant Audit Information**

In accordance with section 330 of the Companies Act 2014, so far as each of the persons who are directors at the time this report is approved are aware, there is no relevant audit information of which the statutory auditors are unaware. The directors have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and they have established that the statutory auditors are aware of that information.



## Kerry Parents & Friends Association DIRECTORS' REPORT

for the financial year ended 31 December 2021

### **Accounting Records**

To ensure that adequate accounting records are kept in accordance with sections 281 to 285 of the Companies Act 2014, the directors have employed appropriately qualified accounting personnel and have maintained appropriate computerised accounting systems. The accounting records are located at the company's office at Old Monastery, Port Road, Killarney, Co. Kerry.

Signed on behalf of the board

Mr. Hugh Ryan Director

Ms. Yvonne Brosnan

Director

23 May 2022

## Kerry Parents & Friends Association DIRECTORS' RESPONSIBILITIES STATEMENT

for the financial year ended 31 December 2021

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under the law the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the surplus or deficit of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company financial statements and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify
  those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and surplus or deficit of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014 and enable the financial statements to be readily and properly audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the board

Mr. Hugh Ryan

5003-

Ms. Yvonne Brosnan Director

23 May 2022



## INDEPENDENT AUDITOR'S REPORT

## to the Members of Kerry Parents & Friends Association

## Report on the audit of the financial statements

### Opinion

We have audited the financial statements of Kerry Parents & Friends Association ('the company') for the financial year ended 31 December 2021 which comprise the Income Statement, the Statement of Financial Position, the Reconciliation of Members' Funds, the Statement of Cash Flows and notes to the financial statements, including the summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish Law and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued in the United Kingdom by the Financial Reporting Council.

#### In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the company as at 31 December 2021 and of its surplus for the financial year then ended;
- have been properly prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are described below in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard for Auditors (Ireland) issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

### **Emphasis of Matter-Going Concern**

In forming our opinion, which is not qualified in this respect, we have considered the adequacy of the disclosures made in notes to the financial statements concerning the company's ability to continue as a going concern. As set out in note 5 there are material uncertainties which include ongoing funding shortfalls. While the ultimate outcome of these matters cannot be assessed with certainty at this time, the directors are of the opinion that it is appropriate to prepare the financial statements on the going concern basis. The financial statements do not include the adjustments that would result if a company was unable to continue as a going concern.

### Other Information

The directors are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our Auditor's Report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.



## INDEPENDENT AUDITOR'S REPORT

## to the Members of Kerry Parents & Friends Association

## Opinions on other matters prescribed by the Companies Act 2014

In our opinion, based on the work undertaken in the course of the audit, we report that:

- the information given in the Directors' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Directors' Report has been prepared in accordance with applicable legal requirements.

We have obtained all the information and explanations which, to the best of our knowledge and belief, are necessary for the purposes of our audit.

In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited and the financial statements are in agreement with the accounting records.

## Matters on which we are required to report by exception

Based on the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified any material misstatements in the directors' report.

The Companies Act 2014 requires us to report to you if, in our opinion, the requirements of any of sections 305 to 312 of the Act, which relate to disclosures of directors' remuneration and transactions are not complied with by the Company. We have nothing to report in this regard.

## Respective responsibilities

## Responsibilities of directors for the financial statements

As explained more fully in the Directors' Responsibilities Statement set out on page 7, the directors are responsible for the preparation of the financial statements in accordance with the applicable financial reporting framework that give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, if applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the company or to cease operation, or has no realistic alternative but to do so.

## Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is contained in the appendix to this report, located at page 10, which is to be read as an integral part of our report.

## The purpose of our audit work and to whom we owe our responsibilities

Our report is made solely to the company's members, as a body, in accordance with section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume any responsibility to anyone other than the company and the company's members, as a body, for our audit work, for this report, or for the opinions we have formed.

Denis Murphy for and on behalf of

MORIARTY & MURPHY LIMITED

Chartered Certified Accountants and Statutory Auditors

Flemings Lane Killarney Co. Kerry Ireland

23 May 2022



## **Kerry Parents & Friends Association INCOME STATEMENT**

for the financial year ended 31 December 2021

	Notes	2021 €	2020 €
Income	6	15,448,354	14,089,451
Expenditure		(14,955,738)	(13,810,907)
Surplus before interest		492,616	278,544
Finance costs	8	(30,107)	(34,335)
Surplus for the financial year		462,509	244,209
Total comprehensive income		462,509	244,209

Approved by the board on 23 May 2022 and signed on its behalf by:

Mr. Hugh Ryan

Ms. Yvonne Brosnan Director

# Kerry Parents & Friends Association STATEMENT OF FINANCIAL POSITION

as at 31 December 2021

	Notes	2021 €	2020 €
Non-Current Assets Property, plant and equipment	10	8,803,318	8,789,824
Current Assets Receivables Cash and cash equivalents	11	217,967 1,436,543	440,513 1,107,400
Payables: amounts falling due within one year  Net Current Liabilities	12	1,654,510 (2,882,068) (1,227,558)	(2,880,962) (1,333,049)
Total Assets less Current Liabilities  Payables:		7,575,760	7,456,775
amounts falling due after more than one year	13 15	(560,436)	(691,068) (1,302,127)
Government grants Net Assets	15	5,926,089	5,463,580
Reserves Retained surplus		5,926,089	5,463,580
Equity attributable to owners of the company		5,926,089	5,463,580

Approved by the board on 23 May 2022 and signed on its behalf by:

Mr. Hugh Ryan

Ms. Yvonne Brosnan

Director



# Kerry Parents & Friends Association STATEMENT OF CASH FLOWS

for the financial year ended 31 December 2021

		2021	2020
	Notes	€	€
Cash flows from operating activities			
Surplus for the financial year		462,509	244,209
Adjustments for:		00.407	24.225
Finance costs		30,107	34,335
Depreciation		263,415	273,200
Surplus/deficit on disposal of property, plant and equipment		551	2,148
Amortisation of government grants		(212,892)	(189,560)
		543,690	364,332
Movements in working capital:		•	
Movement in receivables		222,546	(272,312)
Movement in payables		4	875,771
moralite in payables		-	
Cash generated from operations		766,240	967,791
Interest paid		(30,107)	(34,335)
Net cash generated from operating activities		736,133	933,456
Cook House from the could be a station			
Cash flows from investing activities		(077 400)	(20,020)
Payments to acquire property, plant and equipment		(277,460)	(32,033)
Cash flows from financing activities			
New short term loan		209,250	<b>206</b> ,404
Repayment of short term loan		(331,047)	(244,184)
Capital element of finance lease contracts		(7,733)	(3,164)
Net cash used in financing activities		(129,530)	(40,944)
Net increase in cash and cash equivalents		32 <del>9</del> ,143	860,479
Cash and cash equivalents at beginning of financial year		1,107,400	246,921
Cash and cash equivalents at end of financial year	20	1,436,543	1,107,400
and the same officering at one of interests 1981			

# **Directory of Services 2022**

COMMUNITY RESIDENCES		TRAINING FOR LIFE/ COMMUNITY PROGRAMMES		
<b>Tralee</b> Mount Eagle Lodge, Oakpark	<b>t:</b> 066 7126964	Park Court, Beech Rd., Killarney	<b>t:</b> 064 6635808	
Leeside, No. 4 Leeside, Oakpark	<b>t:</b> 066 7126129	Áras Phádraig, Lewis Road, Killarney	<b>t:</b> 064 6635504	
Tamhnach Lodge, Tamhnach Lí, Monavalley	<b>t:</b> 066 7118633	Cunamh House, Canon Lane, Cahersiveen	<b>t:</b> 066 9481065	
<b>Killarney</b> Cherry Lodge, Mill Road	<b>t:</b> 064 6633735	Family Resource Centre, Listowel	t: 068 57448	
Woodlawn, 1 Woodlawn Drive	<b>t:</b> 064 6635595	Baile O'Dubhda, Listowel	<b>t:</b> 068 23643	
Hawthorn, Inchicullane, Kilcummin	<b>t:</b> 064 6633620	The Hub, No. 21, Convent St., Listowe	el <b>t:</b> 068 21917	
Lohan Lodge, Dunrine, Lawlor's Cross	<b>t:</b> 064 6633543	The Hub, Fabrik Building, Tralee	<b>t:</b> 066 7121482	
Rathmore		<b>Day Training and Activation</b> Mount Eagle Lodge, Oakpark, Tralee	<b>t:</b> 066 7126964	
Fr. Corridan Centre, Church Place	t: 064 7758260	Gate Lodge, Killarney	<b>t:</b> 064 6637386	
Tearmann Lodge, Presbytery View	t: 064 7761727	Old Monastery Port Rd., Killarney	<b>t:</b> 064 6632742	
Marian House, Shinnagh t: 064 7758552  Valentia Island Tigh an Oileáin, Farranreagh t: 066 9476868	1.0047738332	Listowel Day Centre, Clieveragh, Listowel	<b>t:</b> 068 22977	
	<b>t:</b> 066 9476868	Slí Nua, Ballydribeen, Killarney	<b>t:</b> 087 4050646	
<b>Listowel</b> The Haven, Cahirdown	<b>t:</b> 068 23183	COMMUNITY SUPPORT SERV	/ICES	
Hillview,	1 060 22740	Clinical Nurse Specialist	<b>t:</b> 066 7126964	
No. 4 Inchymagilleragh West	t: 068 23740	Psychology	<b>t:</b> 066 7126964	
HIGH SUPPORT	• • • • • • • • • • • • • • • • • • • •	Outreach Manager	<b>t:</b> 064 6632742	
Glebe Lodge, Kilbannivane, Castleisland	<b>t:</b> 066 7143851	CENTRAL ADMINISTRATION	•••••	
RESPITE	•••••	Old Monastery, Port Road, Killarney	<b>t:</b> 064 6632742 <b>f:</b> 064 6633370	
Cois na Féile, Kilmeany, Kilmorna	<b>t:</b> 068 24009	Director of Services & Assistant Director of Services	e: info@kpfa.ie	
Brook Lodge, 1 Dromclough, Six Crosses	<b>t:</b> 068 40902	HR Department		
SUPPORT SERVICES	• • • • • • • • • • • • • • • • • •	Finance Department		
Key Staff Supporting the		Housing/Operations Department		
Provision of Services	t: 064 6632742	Clerical Support Staff		



Back cover designed and produced by Mt. Eagle Lodge Art Group

Email: info@kpfa.ie Tel: 064 6632742 acebook.com/KerryParentsAndFriends,

